

SIRIS HILL



Available works

## SIRIS HILL



## Informaton

Many people live silently with mental health problems, with few understanding the impact it can have. Siris Hill's work visually describes the effects that mental health and psychological conditions have on an individual. His practice reflects his own realities of living with trauma and mental illness, and investigates the social obstructions and the loss of identity his illness presents.

Each painting can take several weeks, his focus is absolute, allowing him to escape the stream of anxiety and negative thoughts that he is plagued with. Once completed, he proceeds to torture the subjects, skinning the canvas with a blade, or painting over and smearing them with his hand. It's through this destructive stage that both brutality and sentiment intertwines into his work.

Siris battles multiple physical and mental health problems which has meant he is unable to use oils due to the fumes. To combat this he has studied digital painting alongside the techniques of 17th century artists to transfer traditional techniques over into the digital medium in an attempt to paint as similar in technique to the oil painters of which he admires. Every piece is hand painted using a graphics tablet and highly customised software which allows him to digitally replicate oil painting.

The making of art is therapeutic and defacing the work allows Hill to release things he holds deep inside. The final stage is sharing the work publicly, it is hoped that through the audience's engagement with the work, others will have a greater understanding of the impact of mental illness upon individuals. The overall goal is to challenge perceptions of mental illness, reduce stigma and start conversations about mental health.

## Informaton

All works shown in this document are available for purchase as a one off original piece. To read more about my original pieces please click this link: <https://www.sirishill.co.uk/lightboxes>

## Contact

For further information or to purchase a piece please contact [sirishill@hotmail.com](mailto:sirishill@hotmail.com)

# Rebirth

With my mental health deteriorating since my late teens, I have been forced to withdraw into myself and found myself becoming more and more isolated. I have been remoulded by my anxiety and isolation, what remains is a shell of the man I used to be. I've clung to anger over this for several years, as it was all I had to keep the idea of myself alive.

This collection is an acceptance of this. Each painting details the various stages I have gone through. Creating these works was my way of letting go and allowing myself to focus on recovery and creating my new identity.

1. The Faceless Maiden

2. La Muerte Seductora

3. Cease

4. Cradle







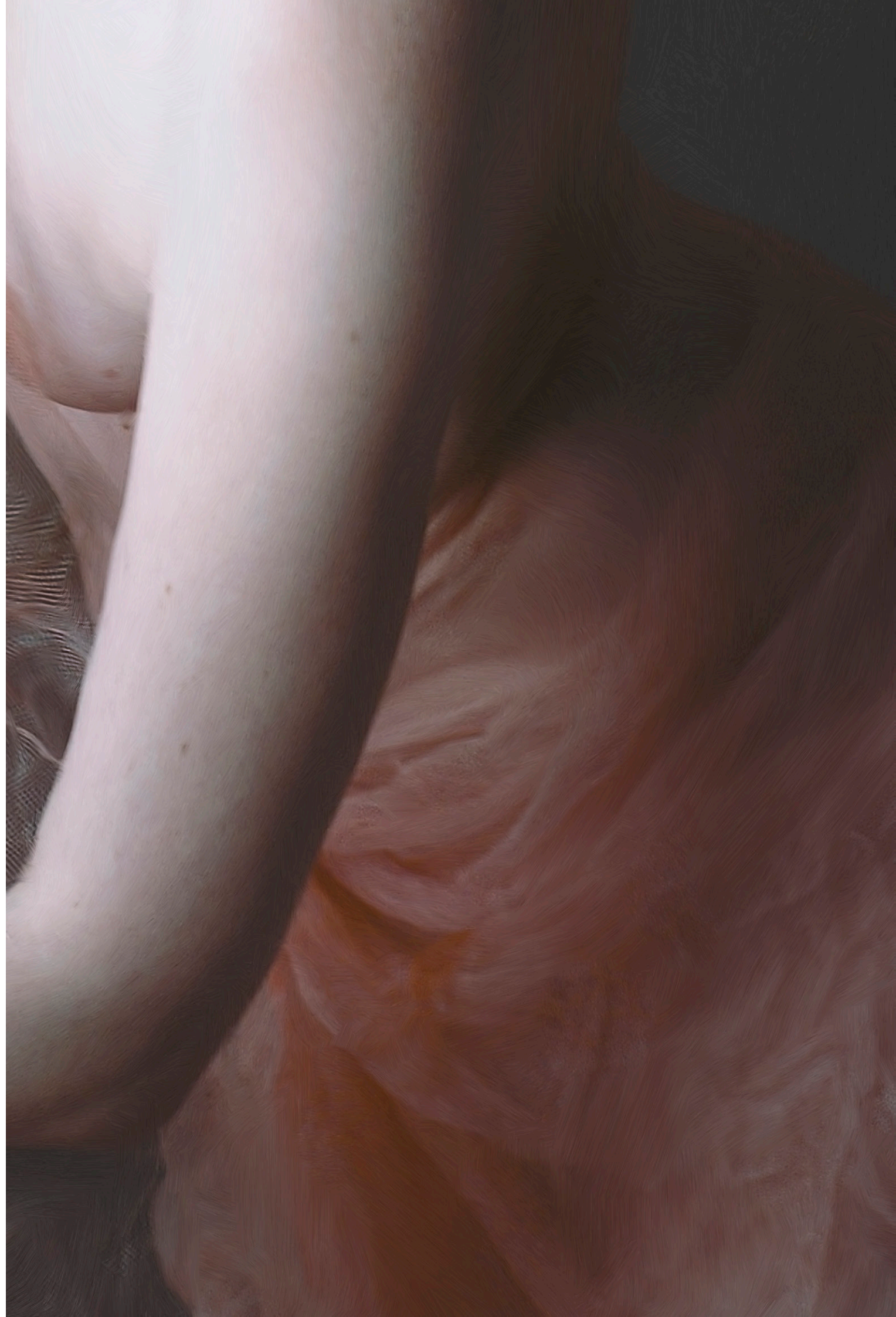
The Faceless Maiden

## The faceless Maiden

The Faceless Maiden is a result of material studies I have been making throughout the year. I wanted to challenge myself to create a finished piece that included a lot of fabric as a challenge to my technical ability. It continues themes found in Rebirth about my lost identity. However, I feel it belongs to its own collection as it touches on things that are relevant to me currently. Having just gone through surgery, returning to a place that I consider responsible for the majority of my mental health due to the mistreatment I received as a child. It resurfaced a lot of trauma and I have been struggling as a result. This month (December 2018) Also marks a year anniversary of my first attempt on my life last year. I find myself in a more positive space in my head and I'm proud of that, but these things still lurk just under the surface.

As I move into the new year, I'm unable to shake the memory of myself from last year. A new person stands before me as I look in the mirror, but the doubt and identity issues continue to cling to me, itching to resurface. I used to think this was who I was, now it has become a faceless identity and I am learning to improve my relationship with it.







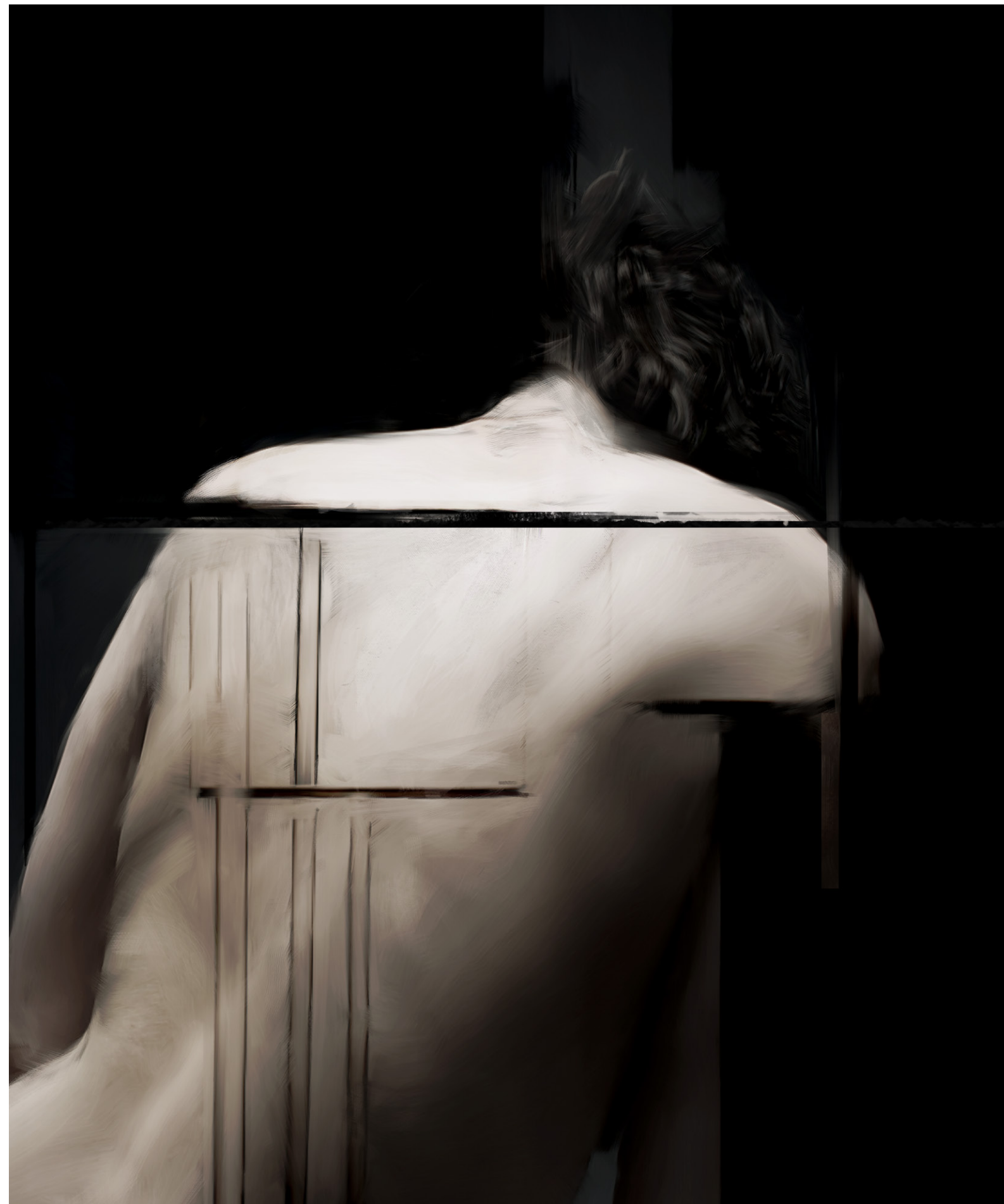


La Muerte Seductora





Cease









# Inside Of Me

Inside of me describes my relationship with my mental health and the realities of living with it day to day. The paintings themselves are odes to the 17th-century artists that I adore and have studied under for the last five years. It is an attempt to juxtapose my technical skill of realistic painting with a surreal conceptualisation of the subconscious and traumatic thoughts and emotions I am plagued by.

1. The Weight of Silence

2. Goetia

3. Cruciation

4. Cassilda

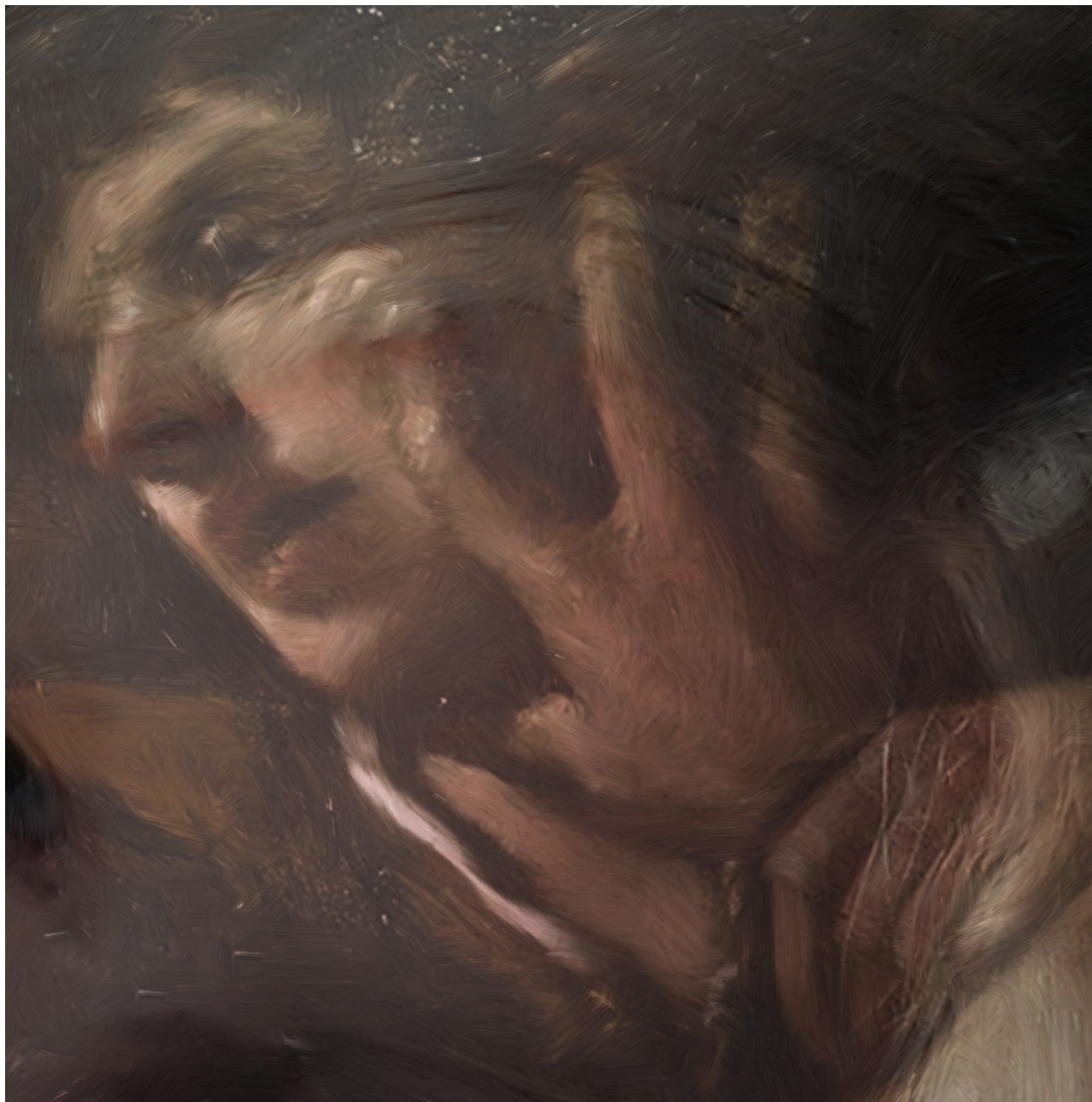






The Weight Of Silence







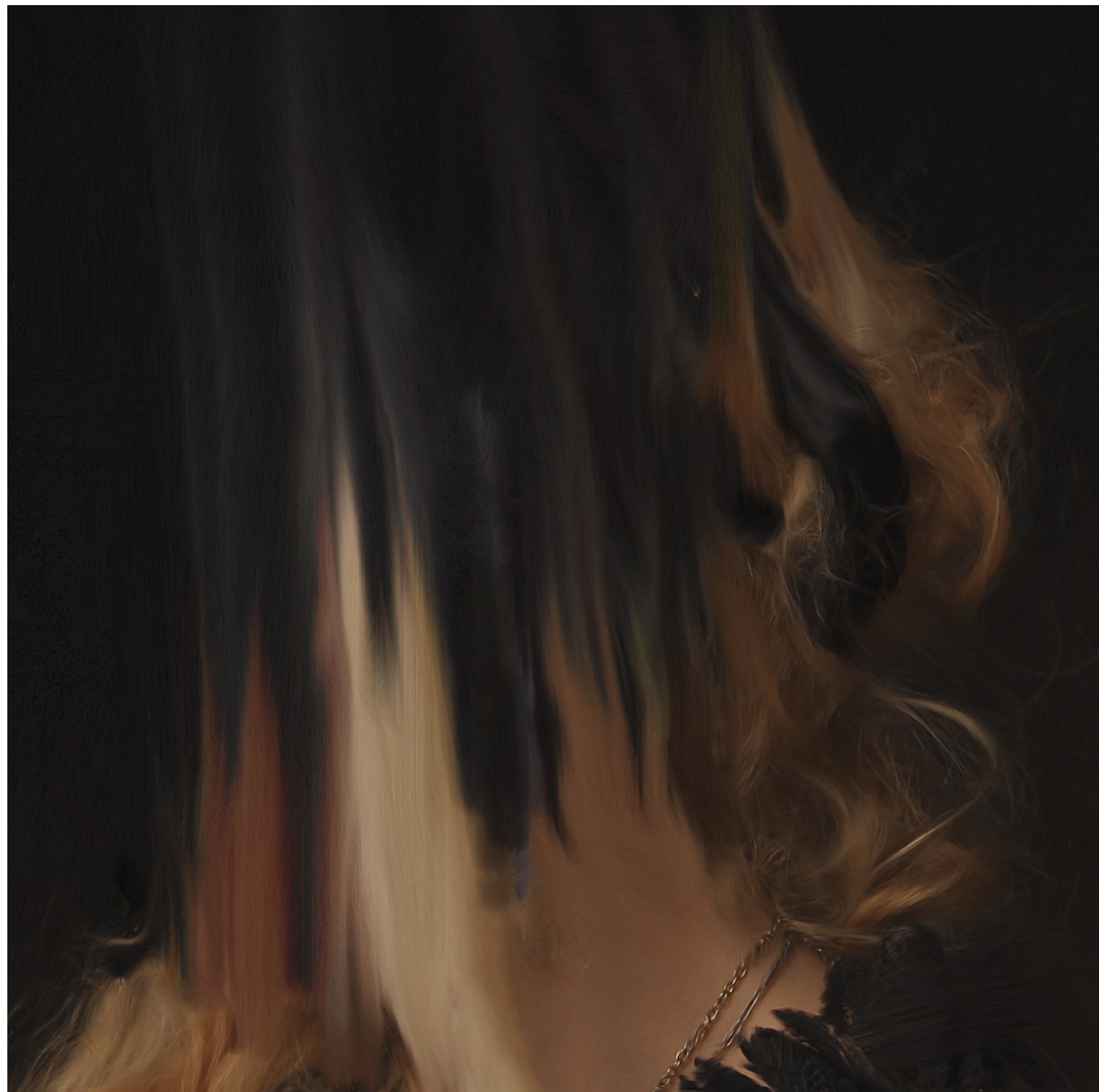


Goetia











SIRIS HILL

[www.sirishill.co.uk](http://www.sirishill.co.uk)

Instagram: @sirishill

[sirishill@hotmail.com](mailto:sirishill@hotmail.com)